



St. Caillin's N.S.
Rashina
Ballinahown
Athlone
Co. Westmeath
Roll No: 16990G

Parents' / Guardians' Letter re "Stay Safe" Programme

Dear Parents/Guardians,

April 15th 2021

Our class teachers will be teaching the personal safety education programme called "Stay Safe" over the next few weeks. It is part of the Social, Personal and Health Education (SPHE) curriculum which all primary schools are required to implement.

The aim of the "Stay Safe" programme is to teach children personal safety skills so they can look after themselves in situations which could be upsetting or dangerous. It deals initially with common situations which most children will experience at some stage or other, e.g. getting lost or being bullied. The programme also teaches children the safety skills necessary to protect themselves from physical or sexual abuse and it emphasises the importance of telling a trusted adult about any problems they have.

Co-operation between parents and teachers is essential to the success of this programme. It is important that parents/guardians are aware of the content of the "Stay Safe" lessons and are able to discuss the lessons with their children. Your child may bring home worksheets which will inform you on the topics being covered in class and how you can reinforce the messages at home.

You can familiarise yourself with the content of the "Stay Safe" lessons at <https://www.pdst.ie/StaySafeParents>. You can always contact the school if you want to discuss the programme further with me.

Kind regards,

Leo Guinan